

Preparatory advice...

General

Abdomen/Gallbladder/Liver	Fast for 8 hours prior to examination - NO chewing gum, NO smoking
Pelvis Lower Abdomen	2 hours prior to examination, empty bladder, then drink 1L water over the next hour. Hold water for the last hour until examination time
Renal/KUB/Urinary Tract/ Prostrate/Bladder	2 hours prior to examination, empty bladder, then drink 1L water over the next hour. Hold water for the last hour until examination time
Thyroid/Neck/Breast/ Scrotal/Testicular	No preparation required

Obstetric

Obstetric < 16 weeks	2 hours prior to examination, empty bladder, then drink 1L water over the next hour. Hold water for the last hour until examination time
Obstetric Multiple Pregnancy < 16 weeks	2 hours prior to examination, empty bladder, then drink 1L water over the next hour. Hold water for the last hour until examination time
Obstetric > 16 weeks	2 hours prior to examination, empty bladder, then drink 500ml water over the next hour. Hold water for the last hour until examination time
Obstetric Multiple Pregnancy > 16 weeks	We do not perform this examination

Doppler

Abdominal or Renal Vessels/Aorta	Fast for 8 hours prior to examination
All other examinations	No preparation required

Musculoskeletal

All other examinations	No preparation required
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Where quality and value unite.

BORONIA	157 SCORESBY RD, BORONIA	03 9729 2258	OPEN MONDAY TO FRIDAY - 9AM TO 5PM
CARLTON	32 QUEENSBERY ST, CARLTON	03 9671 3711	OPEN MONDAY TO FRIDAY - 9AM TO 5PM
DANDENONG	27 PULTNEY ST, DANDENONG	03 9769 2633	OPEN MONDAY TO FRIDAY - 9AM TO 5PM
FRANKSTON	5 HASTINGS RD, FRANKSTON	03 9783 8722	OPEN MONDAY TO FRIDAY - 8AM TO 5PM
SOUTHPORT	26 RAILWAY ST, SOUTHPORT	07 5531 9300	OPEN MONDAY TO FRIDAY - 8AM TO 5PM



For further information on any of the above, please phone your local practice and speak to our practice supervisor



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